



SUMMER 2018

ARE YOU READY? CAMP HANDBOOK

Everything you need to know to start camp and have THE BEST SUMMER EVER!

WELCOME TO CAMP!

We're incredibly excited about this summer and everything it has in store for you and your family. Each day promises to be full of new experiences, exciting learning, good friends and great fun. To ensure that you get the most out of all that we have in store for you this camp season, we have put together this Camp Handbook.

Please be sure to read this booklet, as it outlines some important information about Camp. You can also access this information and more details by visiting our website at esfcamps.com/ranney/important-camp-materials/.

Once again, we would like to extend a warm welcome to you this summer. If there is anything we can do to ensure that you get the most out of your ESF camp experience, please let us know anytime.



ESF AT RANNEY SCHOOL

JUNE 18 - AUGUST 17, 2018

Camp Office: **732.898.6989**

Camp Email: ranney@esfcamps.com
Camp Website: esfcamps.com/ranney





RISING 4TH-10TH GRADES





1ST-12TH GRADES







Your Pick-Up Card will provide your specific pick-up area and time.

Extended Day programs are available from **7:30 AM - 6:00 PM** each day.

Ranney Summer Institute: Program and course times and dates vary. Please visit ranneysummerinstitute.com for most current scheduling information.



OPTIONAL LUNCH

We offer an optional Lunch Program for an additional cost. Please see menu for details. Call the Camp Office if you would like to sign up. The Optional Lunch Program is \$38 per week.

BRINGING LUNCH FROM HOME

All lunches will be refrigerated. We recommend that lunches brought from home include a drink and are packed in a brown bag or soft insulated bag with your camper's name and group name clearly marked.

CAMPERS WITH FOOD ALLERGIES

The kitchen at Ranney School is peanut/ tree nut safe. All of our food is peanut/tree nut safe, therefore campers with a peanut/ tree nut allergy can participate in our lunch program. Those who are allergic to dairy, wheat or another allergen must bring their own lunches to camp.

SNACK OPTION: For your camper's safety, your camper can bring snacks to camp which will be managed by our camp nurse. For your convenience, apple slices and bananas will be available and distributed by the camp nurse for campers with food allergies other than peanuts or tree nuts. We will also offer 2 snack options for campers with peanut and tree nut allergies -- fruit and a snack called Bitsy's (bitsys.com), which are made in a peanut-free and tree nut-free facility.

SNACKS & REFRESHMENTS

We provide a snack and refreshment each day at camp and during afternoon extended day programs.



DAY CAMP

Daily instructional swim is offered during the regular camp day for all campers.

SENIOR CAMP

Daily recreational swim is offered for all campers with optional instruction on Tuesdays & Thursdays from 8:30-9:00 AM.

PRIVATE LESSONS

30 minute lesson: \$30,60 minute lesson: \$60

PLEASE NOTE: Complimentary towel service is offered daily.

WHAT TO WEAR TO CAMP

Your camper should dress for fun, comfort, and safety. We recommend campers wear the following:



T-SHIRT



SHORTS



SOCKS



HAT



SUNSCREEN



SHOES (closed toe)

WHAT TO BRING TO CAMP



SWIMSUIT



SUNSCREEN
(Labeled with name)



LUNCH & DRINK (unless you're using our opt. Lunch Program)



POOL SHOES/ SANDALS

(optional)



CHANGE OF CLOTHES



BACKPACK, TOTE BAG, OR DUFFEL BAG

WHAT NOT TO BRING TO CAMP



CELL PHONE OR TABLET



ELECTRONIC GAMES



CHEWING GUM



CAMERA



ESF does not permit cell phones or other electronic devices at camp. For more information on our cell phone policy, please go to esfcamps.com/ranney/details

We get cars in and out efficiently and you don't even have to get out of your car! Our Drop-Off & Pick-Up process is designed to be safe, easy and convenient. Our staff will be there when you pull up and they will open the car door. We have several security procedures in place for this process and all parents will receive their camp identification with their Family Orientation materials.

JUST A FEW REMINDERS

- Please make sure to come at the time assigned on your Pick-Up Card.
- Please drop-off & pick-up at your assigned area (see Pick-Up Card).
- Please display your Pick-Up Card on your dashboard or show your VIP Card.
- Please let us know if you are carpooling with other camp families in advance.
- Please don't use your cell phone when in car line.
- Ranney Summer Institute You will receive specific drop-off, pick-up and parking
 information. We will also have information available on ranneysummerinstitute.com/
 details.

EARLY PICK-UP

Please call the Camp Office to arrange (must be prior to 2:30 PM)

LATE CAMPER ARRIVAL

Please bring your camper to the Camp Office when you arrive





ESF'S EXTENDED DAY PROGRAM IS OFFERED EVERY DAY BEFORE & AFTER CAMP:

MORNING TIMES & RATES

Drop off: 7:30am-8am: \$10/day Drop off: 8am-8:50am: \$8/day

AFTERNOON TIMES & RATES

Pick up: 3:50pm-4:30pm: \$10/day Pick up: 4:30pm-6pm: \$18/day

Billing occurs periodically over the course of the summer.

AFTER CAMP ENRICHMENT



WE ARE VERY PROUD TO OFFER YOU THE SERVICES OF OUR STELLAR TEACHING STAFF THROUGH OUR AFTER CAMP ENRICHMENT PROGRAM:

SWIMMING INSTRUCTION

30 or 60 minute private swim lessons offered

ACADEMIC TUTORING

Private or semi-private tutoring in math, reading and other subjects offered.

SPORTS INSTRUCTION

Focused private or semi-private coaching in all featured sports can be arranged.

DETAILS

Please call the Camp Office to setup. Programs are typically offered after 4:00 PM and begin during Week 2 of Camp. Please visit esfcamps.com/ranney/details for more information and rates.

AFTER CAMP CLINICS & WORKSHOPS

Limited Enrollment!

Let the fun continue! Choose from an assortment of specialty After-Camp Clinics & Workshops, available Monday-Thursday. Programs vary by age, and enrollment is limited. Featured programs include:

SPORTS - Soccer, Tennis, Rockwall,
Multi-Sports FUN-damentals, Flag Football
SCIENCE - Ooey Gooey Messy Science
ARTS - Painting, Clay & Ceramics

Visit <u>esfcamps.com/ranney/programs/extended-day-specialty-clinics</u> for full list of clinics and workshops. To enroll, please call **732.898.6989**.

These programs run until 4:45 PM for Grades PreK-K and until 5:45 PM for Grades 1st-10th.



VISITING CAMP

Feel free to visit us at any time. Make sure to stop at the Camp Office with your VIP Card or Pick-Up Card to obtain a visitor's pass.

CONTACTING A CAMP FAMILY

It is our goal to assist camp families in contacting other camp families while respecting and maintaining each family's privacy and confidentiality. Call the camp office and we will help you connect.

CODE OF CONDUCT

ESF encourages fun, friendship and safety in a positive atmosphere. We have established behavior guidelines that revolve around the "Three R's" that all campers follow:

- 1. Respect for yourself
- 2. Respect for others
- 3. Respect for your environment

ADD MORE WEEKS & TRY SOMETHING DIFFERENT

Give us a call at **800.529.CAMP (2267)** to add weeks or to learn more about all of ESF's options this summer!

WE'RE HERE TO HELP

CAMP OFFICE: **732.898.6989**esfcamps.com/ranney

Camp Email: ranney@esfcamps.com

HEALTH GUIDELINES

MANDATORY HEALTH FORM

Due to state health guidelines, campers may not attend camp without a completed 2018 health form.

MEDICATION

- If your child will be taking any medication at camp,
 his /her health care provider must complete the Medication Consent
 Section of our health form.
- ESF Nurses are the only team members who can accept medication and can only accept medication for which we have authorized medication consent
- Medication must be given directly to our Camp Nurse on/before your child's first day of camp.
- Medication must be in its original container with your child's name on the prescription label.

ILLNESS

To ensure the health and safety of all campers, we request that your camper stay home to rest and recuperate upon the onset of the following conditions:

- a temperature of 100.5° or above.
- experiencing the contagious phase of any illness.

Please call the Camp Office if your child will be absent from camp, or notify us via email.

STAYING HEALTHY WHILE HAVING FUN IN THE SUN

HYDRATION

It is important that our campers stay hydrated, and we encourage them to drink water throughout the day. There will be water stations set up near each activity area, and our staff will offer frequent reminders and give opportunities for water breaks during the camp day.

SUNSCREEN TIPS

Liberally apply sunscreen to your child(ren) in the morning before camp. Use a waterproof or water-resistant sunscreen with SPF 30+.

BIRTHDAY TREATS

We ask that only Popsicle brand popsicles are brought for group treats. Please avoid varieties with dairy or fresh fruit.